









Dr. Monika Spokas **Developmental Optometrist** 

Dr. Amber Cumings, FAAO Developmental/Pediatric/ Neuro-Optometrist

Dr. Delia Malone Developmental/Neuro-Optometrist

The information in this history form is critical to the evaluation of your vision. This is your opportunity to tell us about all areas in which your vision is not serving you well.

What is the main reason for your vi	sit today? _				
Were you referred to our office? Your strain of the second					
f not referred, how did you learn at	oout our offi	ce?			
HEALTH HISTORY: Check any cond	ditions that	apply to your	child or that run in your fa	mily.	
Diabetes	□ Self	☐ Family	Epilepsy/Seizures	□ Self	☐ Family
High blood pressure	□ Self	☐ Family	Color "blind"	□ Self	☐ Family
High Cholesterol	□ Self	☐ Family	Nearsighted	☐ Self	☐ Family
Thyroid	☐ Self	☐ Family	Farsighted	☐ Self	☐ Family
Heart problem	□ Self	☐ Family	Refractive Eye Surgery (Lasik, PRK)	□ Self	☐ Family
Cancer	□ Self	☐ Family	Glaucoma	□ Self	☐ Family
Respiratory Disease	□ Self	☐ Family	Cataracts	☐ Self	☐ Family
Ear/Nose/Throat Problems	□ Self	☐ Family	Macular degeneration	□ Self	☐ Family
Muscle/Bone/Joint Problems	□ Self	☐ Family	Retinal Detachment	□ Self	☐ Family
GI Problems	□ Self	☐ Family	Blindness	□ Self	☐ Family
Skin Problems	□ Self	□ Family	Lazy Eye	□ Self	☐ Family
Psychiatric Problems	□ Self	☐ Family	Crossed Eyes	□ Self	☐ Family
Allergies/Immunologic	□ Self	☐ Family	ADD/ADHD	□ Self	☐ Family
Problems	□ Self	☐ Family	Learning Disability	□ Self	☐ Family
Problems Migraines/headaches			Dyslexia		☐ Family













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do you currently take?	For what cond	ition?			 _
					- -
When was your last eye examination?					_
Do you wear glasses now? for near only □ full ti					
Do you wear contact lenses at this time?  If yes: How often?					
If no, are you interested in trying contacts?				es 🗆 No	
What is your occupation:					
Do you use a computer?	□ Yes	□ No Av	e. hours/day _		
Do you use a tablet or smart phone?	□ Yes	□ No Av	e. hours/day _		
For the questions below, please mark how often you exp	perience any of	these symp	toms:		
	1 Never	2 Rarely	3 Sometimes	4 Very Often	5 Always
Are you having headaches of any severity each week?	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Are you having any stiffness/pain in neck or shoulders?	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Do you experience discomfort of your eyes with compute	er use?	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Do you experience tired eyes or eye strain throughout th	e day?	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Do you experience dry eye sensation when working on the computer?	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Do you experience light sensitivity, such as fluorescents headlights?	or O	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Do you experience dizziness, motion sickness, or lightheadedness?	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$











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## **RETINAL IMAGING**

We are pleased to provide our patients with an advanced digital retinal exam. It is great for documenting a baseline image for our charts, screen for eye diseases, and improve our ability to view your internal retinal health. A dilated exam may still be recommended by the doctor if a more peripheral view of the retina is indicated. Since insurance only covers retinal photos after eye disease is discovered, the Retinal Imaging Exam is an out-of-pocket expense

The fee is \$45.00.	л-ог-роскет ехрепзе.
☐ I want to have my retinal health evaluated with Retinal Imaging.	
$\ \square$ I <u>do not</u> wish to have Retinal Imaging Exam. I understand that I will still have a thorough dilation.	eye exam with
Signature	