



Patient's First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Date of last exam: \_\_\_\_\_

Grade: \_\_\_\_\_ School: \_\_\_\_\_

Were you referred to our office? Yes ☐ No ☐

If yes, whom may we thank for this referral? \_\_\_\_\_

If not referred, how did you learn about our office? \_\_\_\_\_

What is the main reason for your child's appointment today? \_\_\_\_\_

Has your child worn glasses in the past? \_\_\_\_\_ ☐ Yes ☐ No

How old was your child when the first pair of glasses was prescribed? \_\_\_\_\_

Does your child currently wear glasses? \_\_\_\_\_ ☐ Yes ☐ No

If yes: Do they have Blue Light Protection? ☐ Yes ☐ No

Does your child currently wear contacts? \_\_\_\_\_ ☐ Yes ☐ No

If yes: How often? \_\_\_\_\_ What brand? \_\_\_\_\_

If no, is your child interested in wearing contacts? \_\_\_\_\_ ☐ Yes ☐ No

On average, how many hours per day does your child spend using electronics (iPad, iPhone, computers, etc.) \_\_\_\_\_

**SYMPTOMS QUESTIONNAIRE:** Please check all of the signs and symptoms that apply to your child and indicate how often they occur:

**Never**      **Sometimes**      **Often**

- |                          |                          |                          |   |
|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Difficulty with reading   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Avoids/dislikes reading   |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Poor reading comprehension  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Loses place, skips, or rereads words and/or letters when reading  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Takes a long time to do homework                                  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Seems to know the material but does poorly on tests               |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Complains of print moving around or running together              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | School performance not up to potential                            |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Reports eyes hurt or get tired when doing schoolwork              |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Complains of seeing double  |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Eye turns in or out, especially when tired                        |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Short attention span, easily distracted, or extensive daydreaming |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | It has been suggested that your child has ADD or ADHD             |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Does not judge distances well, clumsy                             |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Experiences car or motion sickness                                |



**HEALTH HISTORY:** Check any conditions that apply to your child or that run in your family.

Diabetes	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Epilepsy/Seizures	<input type="checkbox"/> Child	<input type="checkbox"/> Family
High Blood Pressure	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Color Blind	<input type="checkbox"/> Child	<input type="checkbox"/> Family
High Cholesterol	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Nearsighted	<input type="checkbox"/> Child	<input type="checkbox"/> Family
Thyroid	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Farsighted	<input type="checkbox"/> Child	<input type="checkbox"/> Family
Heart problem	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Refractive Eye Surgery (Lasik, PRK)		<input type="checkbox"/> Family
Cancer	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Glaucoma	<input type="checkbox"/> Child	<input type="checkbox"/> Family
Respiratory Disease	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Cataracts		<input type="checkbox"/> Family
Ear/Nose/Throat Problems	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Macular Degeneration		<input type="checkbox"/> Family
Muscle/Bone/Joint Problems	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Retinal Detachment	<input type="checkbox"/> Child	<input type="checkbox"/> Family
GI Problems	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Blindness	<input type="checkbox"/> Child	<input type="checkbox"/> Family
Skin Problems	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Lazy Eye	<input type="checkbox"/> Child	<input type="checkbox"/> Family
Psychiatric Problems	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Crossed Eyes	<input type="checkbox"/> Child	<input type="checkbox"/> Family
Allergies/Immunologic Problems	<input type="checkbox"/> Child	<input type="checkbox"/> Family	ADD/ADHD	<input type="checkbox"/> Child	<input type="checkbox"/> Family
Migraines/headaches	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Learning Disability	<input type="checkbox"/> Child	<input type="checkbox"/> Family
Head Trauma/Concussion	<input type="checkbox"/> Child	<input type="checkbox"/> Family	Dyslexia	<input type="checkbox"/> Child	<input type="checkbox"/> Family

Other medical conditions: \_\_\_\_\_

**List all medications, vitamins, and supplements that your child is currently taking:**

1. \_\_\_\_\_ Condition: \_\_\_\_\_
2. \_\_\_\_\_ Condition: \_\_\_\_\_
3. \_\_\_\_\_ Condition: \_\_\_\_\_
4. \_\_\_\_\_ Condition: \_\_\_\_\_
5. \_\_\_\_\_ Condition: \_\_\_\_\_

Does your child have any allergies to any medications? ..... ☐ Yes ☐ No

If yes: What medication? \_\_\_\_\_



**Dr. Monika Spokas**  
Developmental Optometrist

**Dr. Marija Novakovich**  
Developmental/Pediatric/  
Neuro-Optometric

**Dr. Dana Shannon, FAAO**  
Optometrist

## WELLNESS ASSESSMENT

Introducing Our Enhanced Eye Wellness Exam! Experience the next level of eye care with our Eye Wellness Exam, now including a fundus photo. This advanced digital retinal exam offers several benefits for your eye health. Firstly, it allows us to assess the health of your macula, which is vital for clear central vision. Additionally, it helps us screen for common eye diseases such as macular degeneration and glaucoma. The exam establishes a baseline for your eye health history, aiding in the early detection of any vital changes. It's important to note that insurance typically covers retinal photos only when an eye disease is already detected. In certain instances, the doctor might suggest a dilated exam to obtain a more thorough view of your retina, but only if deemed necessary based on the findings of this examination. Your eye health is our priority, and we're committed to providing you with the best care possible. The Retinal Imaging Exam comes at an out-of-pocket cost of **\$55.00**.

- ☐ I want to have my retinal health evaluated with Retinal Imaging.
- ☐ I do not wish to have the Retinal Imaging Exam. I understand that I will still have a thorough eye exam with possible dilation.

Signature \_\_\_\_\_ Date \_\_\_\_\_