

Dr. Monika Spokas Developmental Optometrist

Dr. Amber Cumings, FAAO Developmental/Pediatric/ Neuro-Optometrist

Dr. Delia Malone Developmental/Neuro-Optometrist

The information in this history form is critical to the evaluation of your vision. This is your opportunity to tell us about all areas in which your vision is not serving you well.

First Name:	Last Name:	Date:
What is the main reason f	or your visit today?	
When was your last eye e	xamination?	

HEALTH HISTORY: Check any conditions that apply to your child or that run in your family.

Dishataa					— — ·
Diabetes	□ Self	🗆 Family	Epilepsy/Seizures	□ Self	🗆 Family
High blood pressure	□ Self	🗆 Family	Color "blind"	□ Self	🗆 Family
High Cholesterol	□ Self	🗆 Family	Nearsighted	□ Self	🗆 Family
Thyroid	□ Self	🗆 Family	Farsighted	□ Self	🗆 Family
Heart problem	□ Self	Family	Refractive Eye Surgery (Lasik, PRK)	□ Self	Family
Cancer	□ Self	🗆 Family	Glaucoma	□ Self	🗆 Family
Respiratory Disease	□ Self	🗆 Family	Cataracts	□ Self	🗆 Family
Ear/Nose/Throat Problems	□ Self	Family	Macular degeneration	□ Self	🗆 Family
Muscle/Bone/Joint Problems	□ Self	Family	Retinal Detachment	□ Self	🗆 Family
GI Problems	□ Self	🗆 Family	Blindness	□ Self	🗆 Family
Skin Problems	□ Self	Family	Lazy Eye	□ Self	🗆 Family
Psychiatric Problems	□ Self	🗆 Family	Crossed Eyes	□ Self	🗆 Family
Allergies/Immunologic Problems	□ Self	🗆 Family	ADD/ADHD	□ Self	🗆 Family
Migraines/headaches	□ Self	🗆 Family	Learning Disability	□ Self	🗆 Family
Head Trauma/Concussion	□ Self	🗆 Family	Dyslexia	□ Self	🗆 Family

Other medical conditions:____

What medications, vitamins, or supplements do you currently take?

And for what condition?

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Do you wear glasses now?				Ye	es □N	٧o
If yes: \Box for distance only \Box for near only \Box full time	\Box when needed	□ fo	or computer	□ for	sports	
Do you wear contact lenses at this time?				□ Yes	s DN	١o
If yes: How often?	_ What bran	nd?				
If no, are you interested in trying contacts?				□ Yes	5 🗆 N	Vo
What is your occupation:						
Do you use a computer?	Yes 🛛	No	Ave. hours/d	lay		

For the questions below, please mark how often you experience any of these symptoms:

	1 Never	2 Rarely	3 Sometimes	4 Very Often	5 Always
Are you having headaches of any severity each week?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Are you having any stiffness/pain in neck or shoulders?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Do you experience discomfort of your eyes with computer use	? 🔿	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Do you experience tired eyes or eye strain throughout the day?	° O	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Do you experience dry eye sensation when working on the computer?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Do you experience light sensitivity, such as fluorescents or headlights?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc
Do you experience dizziness, motion sickness, or lightheadedness?	\bigcirc	\bigcirc	\bigcirc	\bigcirc	\bigcirc



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RETINAL IMAGING

We are pleased to provide our patients with an advanced digital retinal exam. It is great for documenting a baseline image for our charts, screen for eye diseases, and improve our ability to view your internal retinal health. A dilated exam may still be recommended by the doctor if a more peripheral view of the retina is indicated. Since insurance only covers retinal photos after eye disease is discovered, the Retinal Imaging Exam is an out-of-pocket expense. **The fee is \$45.00**.

□ I want to have my retinal health evaluated with Retinal Imaging.

□ I <u>do not</u> wish to have Retinal Imaging Exam. I understand that I will still have a thorough eye exam with dilation.

Signature _____

__ Date _____