



Patient's First Name: _____ Last Name: _____

Today's Date: _____ Date of last exam: _____

Grade: _____ School: _____

Does your child currently wear glasses? ☐ Yes ☐ No

If yes: Do they have Blue Light Protection ☐ Yes ☐ No

Does your child currently wear contacts? ☐ Yes ☐ No

If yes: How often? _____ What brand? _____

If no, is your child interested in wearing contacts? ☐ Yes ☐ No

On average, how many hours per day does your child spend outside? _____

On average, how many hours per day does your child spend using electronics (iPad, iPhone, computers, etc.) _____

SYMPTOMS QUESTIONNAIRE: Please check all of the signs and symptoms that apply to your child and indicate how often they occur:

Never Sometimes Often

- | | | | |
|--------------------------|--------------------------|--------------------------|---|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Difficulty with reading |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Avoids/dislikes reading |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Poor reading comprehension |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Loses place, skips, or rereads words and/or letters when reading |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Takes a long time to do homework |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Seems to know the material but does poorly on tests |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Complains of print moving around or running together |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | School performance not up to potential |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Reports eyes hurt or get tired when doing schoolwork |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Complains of seeing double |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Eye turns in or out, especially when tired |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Short attention span, easily distracted, or extensive daydreaming |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | It has been suggested that your child has ADD or ADHD |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Does not judge distances well, clumsy |
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | Experiences car or motion sickness |



HEALTH HISTORY: Check any conditions that apply to your child or that run in your family.

| | | | | | |
|--------------------------------|--------------------------------|---------------------------------|-------------------------------------|--------------------------------|---------------------------------|
| Diabetes | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Epilepsy/Seizures | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| High blood pressure | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Color "blind" | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| High Cholesterol | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Nearsighted | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| Thyroid | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Farsighted | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| Heart problem | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Refractive Eye Surgery (Lasik, PRK) | | <input type="checkbox"/> Family |
| Cancer | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Glaucoma | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| Respiratory Disease | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Cataracts | | <input type="checkbox"/> Family |
| Ear/Nose/Throat Problems | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Macular degeneration | | <input type="checkbox"/> Family |
| Muscle/Bone/Joint Problems | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Retinal Detachment | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| GI Problems | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Blindness | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| Skin Problems | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Lazy Eye | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| Psychiatric Problems | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Crossed Eyes | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| Allergies/Immunologic Problems | <input type="checkbox"/> Child | <input type="checkbox"/> Family | ADD/ADHD | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| Migraines/headaches | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Learning Disability | <input type="checkbox"/> Child | <input type="checkbox"/> Family |
| Head Trauma/Concussion | <input type="checkbox"/> Child | <input type="checkbox"/> Family | Dyslexia | <input type="checkbox"/> Child | <input type="checkbox"/> Family |

Other medical conditions: _____

List all medications, vitamins, and supplements that your child is currently taking:

- | | | |
|----|-------|------------------|
| 1. | _____ | Condition: _____ |
| 2. | _____ | Condition: _____ |
| 3. | _____ | Condition: _____ |
| 4. | _____ | Condition: _____ |
| 5. | _____ | Condition: _____ |

Does your child have any allergies to any medications? ☐ Yes ☐ No
If yes: What medication? _____



CLARENDON
VISION
DEVELOPMENT
CENTER



Dr. Monika Spokas
Developmental Optometrist

Dr. Marija Novakovich
Developmental/Pediatric/
Neuro-Optometric

Dr. Dana Shannon, FAAO
Optometrist

WELLNESS ASSESSMENT

Introducing Our Enhanced Eye Wellness Exam! Experience the next level of eye care with our Eye Wellness Exam, now including a fundus photo. This advanced digital retinal exam offers several benefits for your eye health. Firstly, it allows us to assess the health of your macula, which is vital for clear central vision. Additionally, it helps us screen for common eye diseases such as macular degeneration and glaucoma. The exam establishes a baseline for your eye health history, aiding in the early detection of any vital changes. It's important to note that insurance typically covers retinal photos only when an eye disease is already detected. In certain instances, the doctor might suggest a dilated exam to obtain a more thorough view of your retina, but only if deemed necessary based on the findings of this examination. Your eye health is our priority, and we're committed to providing you with the best care possible. The Retinal Imaging Exam comes at an out-of-pocket cost of **\$55.00**.

- ☐ I want to have my retinal health evaluated with Retinal Imaging.
- ☐ I do not wish to have the Retinal Imaging Exam. I understand that I will still have a thorough eye exam with possible dilation.

Signature _____ Date _____