



## Free Space Activities that Support Visual Development in Children

- Jumping on a trampoline
- Swinging forward and back
- Spinning on merry-go-round or swivel chair (not terribly fast)
- Catching balls with both hands
- Tossing balls with both hands
- Tossing bean bags into a bucket
- Tossing rings onto hooks
- Rolling balls between 2 objects or at objects (like bowling)
- Climbing up and down small ladders with both hands and feet (like on a play set)
- Riding a tricycle
- Playing baseball or other ball with bat/racket sport
- Dribbling a ball with one or both hands
- Hopscotch
- Walking on curbs/balance beams
- Hopping on one foot
- Hopping on both feet
- Skipping

## Fun and Safe Games that Promote Visual Development

- Spot-it
- Qbitz
- Katamino
- Suspend
- Set
- Kanoodle
- Swish
- Memory matching/concentration
- Tangrams
- Search and find books (Where's Waldo, I SPY)
- Spot the difference books (Highlights magazines)
- Let's Go Fishin'
- Qwirkle
- Word Searches
- Connect the dots
- Mazes
- Checkers
- Chess
- Geoboards (rubber bands with pegs)